

THE SOLEMNITY OF THE MOST HOLY TRINITY
June 15, 2025

Gospel: (John 16: 12-15)

Jesus said to his disciples: *“I have much more to tell you, but you cannot bear it now. But when he comes, the Spirit of truth, he will guide you to all truth. He will not speak on his own, but he will speak what he hears, and will declare to you the things that are coming. He will glorify me, because he will take from what is mine and declare it to you. Everything that the Father has is mine; for this reason I told you that he will take from what is mine and declare it to you.”*

Reflection:

As difficult as it is to grasp the mystery of Trinity, it is even more difficult to grasp that God loves us enough to share divine life and glory with us. Living the paschal mystery means that we are faithful witnesses to the God within. Sometimes rather than witnessing through doing good works, we need to witness simply by appreciating ourselves and others for the wonderful gift of God’s presence that we are. The readings this week challenge us to become more deeply aware of God’s presence in creation, in Jesus and in ourselves. Then allow that awareness to overflow in thanksgiving and praise that gives God glory. (Living Liturgy, p.146)

Vincentian Meditation:

Gratitude is a good barometer of our spiritual condition. If you find that you are giving thanks to God frequently in your prayer, for big things and small; if you find yourself showing gratitude to others, your spiritual life is probably in a healthy condition. To give thanks is a sign of humility. If we are humble, we will certainly be in God’s favor and His love, and the most valuable gift we can offer to the poor, will be in our hearts. If we have a grateful heart, we will see everything as gifts of God. May God give us the grace to be grateful for everything He has given us and to show that gratitude by generosity to others and to the poor. (McCullen, Deep Down Things, p. 203)

Discussion: (Share your thoughts after a moment of silence)

What fills you with gratitude?

Closing Prayer:

O Holy Trinity, truly you are a God of mystery,
-give us hearts filled with reverence for You.
Truly you are a God of majesty,
-give us hearts filled with humility before You.
Truly you are a God of presence,
-give us hearts filled with awe.
Truly you are a God of creative power,
-give us hearts filled with gratitude.Amen.

