



INCOME SECURITY ADVOCACY CENTRE
Centre d'action pour la sécurité du revenu

OW & ODSP Rates and the Ontario Child Benefit

Current to July 2024

As of July 2024, Ontario Works (OW) sees no increase or inflation-based adjustment. For the sixth year and counting, OW rates have remained the same despite the ongoing impacts of high inflation on the cost of living. In this context, no increase in the rates essentially translates to a reduction in rates for recipients.

Ontario Disability Support Program (ODSP) recipients will see an increase of 4.5% in core ODSP rates due to inflation-based adjustment from July 2024. Families with children will also see a similar inflation-related increase in their monthly Ontario Child Benefit (OCB) amounts – of around \$6 per month per child.

The table below shows previous and new Basic Needs and Maximum Shelter amounts for different family types receiving OW or ODSP. It also shows the previous and new maximum OCB amounts. For more information, please read the notes on the following pages.

OW	OW – Previous				OW – As of July 2024			
Family Type	Basic Needs	Max Shelter	Max OCB	Total	Basic Needs	Max Shelter	Max OCB	Total
Single	\$343	\$390	\$0	\$733	\$343	\$390	\$0	\$733
Single Parent - 1 child	\$360	\$642	\$133.91	\$1,135.91	\$360	\$642	\$140	\$1,142
Single Parent - 2 children	\$360	\$697	\$267.82	\$1,324.82	\$360	\$697	\$280	\$1,337
Couple	\$494	\$642	\$0	\$1,136	\$494	\$642	\$0	\$1,136
Couple - 1 child	\$494	\$697	\$133.91	\$1,324.91	\$494	\$697	\$140	\$1,331
Couple - 2 children	\$494	\$756	\$267.82	\$1,517.82	\$494	\$756	\$280	\$1,530
ODSP	ODSP – Previous				ODSP – As of July 2024			
Family Type	Basic Needs	Max Shelter	Max OCB	Total	Basic Needs	Max Shelter	Max OCB	Total
Single	\$752	\$556	\$0	\$1,308	\$786	\$582	\$0	\$1,368
Single Parent - 1 child	\$895	\$875	\$133.91	\$1,903.91	\$929	\$915	\$140	\$1,984
Single Parent - 2 children	\$895	\$947	\$267.82	\$2,109.82	\$929	\$990	\$280	\$2,199
Couple	\$1,085	\$875	\$0	\$1,960	\$1,134	\$915	\$0	\$2,049
Couple - 1 child	\$1,085	\$947	\$133.91	\$2,165.91	\$1,134	\$990	\$140	\$2,264
Couple - 2 children	\$1,085	\$1,027	\$267.82	\$2,379.82	\$1,134	\$1,074	\$280	\$2,488
Couple where both spouses are disabled	\$1,501	\$875	\$0	Capped at \$2,205	\$1,569	\$915	\$0	Capped at \$2,305



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The 4.5% rate increase applies to the:	Yes	No
ODSP Basic Needs	X	
ODSP Shelter	X	
Amounts for services provided by a long-term care home or specialized residence	X	
Board and lodge amounts for singles and families	X	
Assistance for Children with Severe Disabilities (ACSD) maximum amount	X	
Special Diet Allowance		X
Pregnancy/breast-feeding Nutritional Allowance		X
Special Boarder Allowance		X
Personal needs payments		X
Work-related expenses		X
Remote Communities Allowance		X
Guide Dog Benefit		X
Employment and training start up assistance		X

NOTES:

- The rate table rounds ODSP and OW amounts to whole numbers.
- The amounts shown are maximums and may not apply in every situation. For example, people who pay less for their housing than the maximum shelter amount will only receive the amount they pay. People on OW or ODSP should ask their caseworker about the particular amounts that apply in their case.
- Children in the examples in the rate table are under the age of 18.
- The basic needs amounts for single ODSP recipient parents in the rate table include sole-support parent supplement of \$143. The supplement applies if **all** of their dependents are under 18 years of age.
- Unless otherwise stated, all amounts shown for couples on ODSP apply only to situations where one person in the couple has a disability.
- Social assistance rules for sponsored immigrants living with their sponsors can be complicated. The 4.5% change in rates may have implications.
- Couples on ODSP who both have a disability get basic needs and shelter rates that ODSP caps at a specified maximum. This “double-disabled” maximum rate has increased from \$2,205 to \$2,305 per month.



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- Other social assistance that “double-disabled” couples on ODSP may be eligible for, like the Special Diet Allowance or the Remote Communities Allowance, are added on top of the “double-disabled” rate. Assistance for any dependent children are also added on top.
- People on OW or ODSP who do not pay for shelter or shelter-related costs (e.g. who are houseless) do not receive any shelter allowance.
- People on OW and ODSP may be eligible for other provincial and federal social assistance, such as the Ontario Trillium Benefit, the GST/HST credit, Disability Tax Credit or the Canada Child Benefit (CCB). They may also qualify for other assistance through OW or ODSP. These additional benefits assistance are not shown in the rate table because amounts vary depending on each person or household’s situation.

ABOUT THE ONTARIO CHILD BENEFIT (OCB):

- The OCB is a tax-free amount paid to moderate-low-income families to provide for their children. Typically, these payments are delivered on the same cheque as the Canada Child Benefit (CCB). The OCB provides a maximum of \$1680 per child per year (or \$140 per month). This social assistance is paid out from July of the current year to June of the following year for each child under the age of 18.
- The actual amount of the OCB that a family receives may be lower than the maximum. Families with children must file their income tax returns to receive the OCB, and the actual amount a family receives is dependent on their net income tax return.

MORE INFO ABOUT SUPPORTS / PROGRAMS OUTSIDE OF OW AND ODSP:

Assistance for Children with Severe Disabilities (ACSD) Program:

<https://www.ontario.ca/page/assistance-children-severe-disabilities-program>

Ontario Trillium Benefit: <https://www.ontario.ca/page/ontario-trillium-benefit>

GST/HST Credit: <https://www.canada.ca/en/revenue-agency/services/child-family-benefits/goods-services-tax-harmonized-sales-tax-gst-hst-credit.html>

Ontario Child Benefit: <https://www.ontario.ca/page/ontario-child-benefit>

Canada Child Benefit: <https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview.html>

Canadian Dental Care Plan: <https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html>

Disability Tax Credit: <https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html>

If you are a social assistance recipient and you have questions about your assistance, your local community legal clinic may be able to provide support. Find your local community legal clinic at this link: <https://www.legalaid.on.ca/legal-clinics/>. You may also find relevant information on the Steps to Justice website here: <https://stepstojustice.ca/>.